

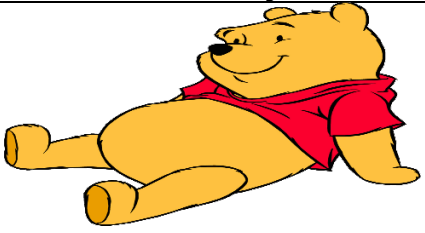
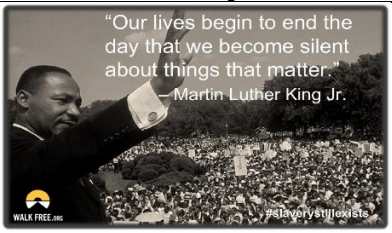




# January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1. New Year's Day</b> 9:00 World News 10:00 Exercise 10:30 Brain Teasers 2:00 Movie & Snack
<b>2. Cats Day (Mew Year)</b> 9:00 Heart Of The Mass (24) 10:00 Room Visits 2:00 Round Table Talk 7:20 Packers VS Vikings	<b>3. National Thank God It's Monday!</b> 9:00 Memory Café 10:00 Exercise 10:30 Ring Toss 2:00 Pokeno	<b>4. National Trivia Day</b> 9:00 Music Therapy 10:00 Exercise & More 10:30 Parachute 2:00 Arts & Crafts	<b>5. National Bird Day</b> 9:00 Beauty Shop 10:00 Sit & Be Fit 10:30 Kick Ball 2:00 Spa Day	<b>6. Three King's Day</b> 9:00 Reminiscence 10:00 Chair Yoga 10:30 Three King History 2:00 BINGO	<b>7. National Bobblehead Day</b> 9:00 Current Events 10:00 Friday Fitness 10:30 Hang man 2:00 Happy Hour	<b>8. Earth's Rotation Day</b> 9:00 World News 10:00 Exercise 10:30 Brain Teasers 2:00 Movie & Snack
<b>9. National Apricot Day</b> 9:00 Heart Of The Mass (24) 10:00 Room Visits 12:00 Packers VS Lions 2:00 Round Table Talk	<b>10. National Clean-Off-Your-Desk Day!!</b> 9:00 Memory Café 10:00 Exercise 10:30 Play that tune 2:00 Pokeno	<b>11. Poetry At Work Day</b> 9:00 Music Therapy 10:00 Exercise & More 10:30 Poem Reading 2:00 Bowling	<b>12. National Hot Tea Day</b> 9:00 Beauty Shop 10:00 Sit & Be Fit 10:30 Balloon Toss 2:00 Broom Hockey	<b>13. Make Your Dream Come True Day</b> 9:00 Reminiscence 10:00 Chair Yoga 10:30 World History 2:00 BINGO	<b>14. World Logic Day</b> 9:00 Current Fitness 10:00 Friday Fitness 10:30 Baking Day 2:00 Happy Hour	<b>15. National Hat Day</b> 9:00 World News 10:00 Exercise 10:30 Brain Teasers 2:00 Movie & Snack
<b>16. World Snow Day</b> 9:00 Heart Of The Mass (24) 10:00 Room Visits 2:00 Round Table Talk	<b>17. Martin Luther King Jr. Day</b> 9:00 Memory Café 10:00 Exercise 10:30 MLK History 2:00 Pokeno	<b>18. Winnie the Pooh Day</b> 9:00 Music Therapy 10:00 Exercise & More 10:30 Joke Time 2:00 Horse Race	<b>19. National Popcorn Day</b> 9:00 Beauty Shop 10:00 Sit & Be Fit 10:30 Ball Roll 2:00 Cover all	<b>20. National Coffee Break Day</b> 9:00 Reminiscence 10:00 Chair Yoga 10:30 Play That Tune 2:00 BINGO	<b>21. National Hugging Day</b> 9:00 Current Fitness 10:00 Friday Fitness 10:30 Trivia 2:00 Happy Hour	<b>22. National Southern Food Day</b> 9:00 World News 10:00 Exercise 10:30 Brain Teasers 2:00 Movie & Snack
<b>23. National Pie Day</b> 9:00 Heart Of The Mass (24) 10:00 Room Visits 2:00 Round Table Talk	<b>24. Global Belly Laugh Day</b> 9:00 Memory Café 10:00 Exercise 10:30 Kick Ball 2:00 Pokeno	<b>25. National Irish Coffee Day</b> 9:00 Music Therapy 10:00 Exercise & More 10:30 Memory Game 2:00 BIRTHDAY PARTY	<b>26. Spouses Day</b> 9:00 Beauty Shop 10:00 Sit & Be Fit 10:30 World History 2:00 Word Ladder	<b>27. Chocolate Cake Day</b> 9:00 Reminiscence 10:00 Chair Yoga 10:30 Ball Roll 2:00 BINGO	<b>28. Activity Professionals Day!!!</b> 9:00 Current Event 10:00 Friday Fitness 10:30 Nail Painting 2:00 Happy Hour	<b>29. National Corn Chip Day</b> 9:00 World News 10:00 Exercise 10:30 Brain Teasers 2:00 Movie & Snack
<b>30. National Croissant Day</b> 9:00 Heart Of The Mass (24) 10:00 Room Visits 2:00 Round Table Talk	<b>31. Hot Chocolate Day!</b> 9:00 Memory Café 10:00 Exercise 10:30 Reading Time 2:00 Pokeno					<b>☺ The Order of Activities may depend upon Resident's choice, cancellation of Volunteers or Outside Weather.</b>